THE MAGAZINE OF HOLY TRINITY CHURCH, HARTSHILL

October 2021

Autumn

Dear friends,

I wonder what Autumn means to you. It's a season of the year that I quite enjoy. I look forward to seasonal recipes, wrapping up warm and walking in the beautiful Hartshill Hayes, reading a book in front of the fire, or enjoying cosy afternoons doing a craft project.

Autumn is seen as a season of change as the green leaves of trees turn from green to browns and reds. Farmers work on harvesting and then preparing the land for next years crops. Animals prepare for the winter by storing food and creating hibernation spaces. We ourselves retreat more into our homes as indoors we feel safe and comfortable as the nights are dark and cooler.

I also feel that it is a season or time for reflection.

Spiritually, Autumn leaves falling to the ground can remind us about 'letting go'. Perhaps handing over to our Heavenly Father those things, situations, hurts, or losses that we've encountered over the last months (especially in these Covid times) and asking him to help us move forward.

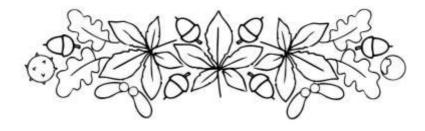
As a church we are in the middle of a sermon series on the book of Nehemiah. We have been on a journey with him. We have heard how Nehemiah coped with life and we have learnt much from him about how to cope in difficult circumstances.

Nehemiah was committed to rebuilding the walls of Jerusalem and he relied on God to be with Him, guiding, encouraging, and sustaining.

Nehemiah's God is the very same God that can help us move forward. Seasons change but God doesn't change. His truth, ways and purposes do not change. His Son Jesus does not change. He's the same yesterday, today and forever (Hebrews 13 v 4).

As Christians we can ask God to remain close to us during the shifting seasons of life. May we, like Nehemiah, know and experience the wonderful blessings of God.

With love and blessings. Sally



From the Editor

Thank you to everybody who has contributed to the magazine, If anybody has anything they would like to share with readers of the magazine, please email it to me at mu@susanmfoster.co.uk. The deadline for articles for the November magazine is 29th October.

Prayers for October

	If my People who are called by my name will
	humble themselves a Pray a seck my Pace, then I
	will hear from Heaven, Pargive their sins and heal
	Heirland.
Ist	Faller we flay that you will make us a People of
	Prayer, not just for ourselves and loved ones but
	For all Pose in need.
8nd	We think of those who do not have enough to eat,
	that you would Provide for their needs. Help us
	to be generous in our giving to others.
3ml	we pray for all those who are rought up in conflicts
	around the world. We pray for Acadeful solutions
	wherever Possible and that you would Bless all
	those who strive and work for Peace.
4H2	De Park un Parall un responsa Hala un hala
	We thank you for all your creation - Help us to have
	a greater respect for all life from conception until
	natural death. Help us to remember that we are
	all created in your image.
SHL	We Harkyon for all comparion arrivals and all
	the comfort they bring. Help us to heat all
	animals with kindness and compassion.
6HL	we think of all those who do not know you as
	their Lard and Soview, and Pray that your
	Holy Spit will move upon them and grant
	then Salvation.

THE	we pray for the Christian Ohnoch worldwide. Make
	us bolder in Preaching the Gospel and more ready to stand against injustice. Help us to convey your message to the world.
	to stand against injustice. Help us to convey
	your message to the world.
	2
814	As the world battles with Covid, bring healing to your world, and help us to case for a protect
	each other.
914	We Pray for our local community, help us to continue to support each other.
	Continue to support each other.
IONE	we Prove for our church at Holy Truste & Galley
	We Pray for our Church at Holy Trusty & Galley Common and Churches together. We Pray for unity as believers.
	uniti ne balievera.
1112	we think of our local Schools as they start a
	new year. Cause this new year to be more
	new year. Cause this new year to be more settled for our children so that they can do well.
	we think of the elderly in our local Care homes, one them to be surrounded by care a love.
13 PC	Please Bless all uniform groups and their leaders
	and helppra-
rain	the one for all ministry groups in our church, home
1,37	we pray for all ministry groups in our church, home groups, Prayer groups and children work.
15h	
	we pray for the homeless, give then the help and Support Key need - Locally use pray for the work of the Salvation Army & Doorway.
	the work of the Salvation Army & Donnary.
	3

1611	We tend of all team in our fellowship who have recently moved away and pray that you would contain to Bless them.
	We Pray for all who are sick. Grant your healing touch and cause them to feel you very near.
1816	We pray for your comfort for all who mourn and help them to embrace the Promise of Heaven.
	us - Keep us close to you.
	Forgine us for all our sins and help us to be forgining of others.
	As we head howards Autumn we thank you for the beauty that is all around us. Help us never to be too busy to enjoy this.
	We pray for all refugees and those forced to Hee from their homes. Help them to Red welcomed and safe.
Jard	Please Bless all aid agencies as they seek to help and support those in need.
	Help is to make hime for you every day, however busy our day may be.
	We pray for the lonely that you would draw near to them.

2612	Itelp us to remember that you are with us always.	
RTHL	Help us to Place our hat in you, our Firm	
SAH	We Pray that you would bring us into a desper relationship with you and to keep you at the centre of our lives.	
SAK	Help us to be as salt and light in our commint	
35)L	Finally, use thank you for all the many Blessings that you give. Thank you for the gift of Salvation and your evelosting love	
	Amen	

Prayers by Jan R.

Maria's Message

Hello everyone,

I am pleased to be writing to you all in your monthly magazine and I hope I can bring you some inspiration each month with my words. This month I would like to focus on something on the front of a card I just had to buy:- 'Life is about new Adventures.' As I have recently moved to a little village, joined the church and am starting to enjoy many community activities, this card really appealed to me. Inspiration for my poems comes from many different sources, and this card inspired me to write this poem, I hope you like it...

Life's Adventures

Adventures come in many disguises - spectacular or simple

For example a safari right down to trying a new perfume! The word 'adventure' describes experiencing something new And whatever it is, it can change us as a person

We all have different dreams and all need different things Actually, it would be boring if we were all the same! But the fact remains, in order to REALLY experience life... New things have to be part of it now and again

A new job, a new home, a trip abroad...
The list is endless, but come what may
We must grab every opportunity we have to fulfil our dreams
Then we will look forward very much to each new day!

Some people will not understand the decisions we make They will worry and hope our plans around us don't crash But we have to press on with what WE feel is right At the end of the day WE have to live OUR own life, and that's that!

So here's to adventures, new pastures and fresh ideas Let's keep them coming so our lives will stay exciting Our memories will grow more and more each day Never letting us look back with longing!

I'd like to leave you all with the words of Jesus... "I came that they may have life and have it abundantly." (John chapter 10 v 10 ENGLISH STANDARD VERSION)

Jesus wants us to enjoy life, and we can if we ask him to walk alongside us. When life gets tough, he will be our support so that we can remain strong in adversity, peaceful in turmoil and have a positive attitude no matter what is happening to us.

God Bless Maria xx

Saint Teresa of Calcutta

Sunday, September 5th is the feast day of Mother Teresa.



Mother Teresa is a household name for her good works, but many people don't know much about her beyond "the nun who helped the poor." Here are some facts about Mother Teresa, taken from Legacy.com.

Agnes Gonxha Bojaxhiu was born Aug. 26, 1910, in Macedonia to a financially comfortable Albanian family (they owned two houses, one of which they lived in). Her father died when she was 8, ending her family's financial security. Agnes was fascinated with missionaries from an early age, and by 12 she knew that she would commit herself to a religious vocation. When she was 18, Agnes left home and joined the Sisters of Loreto in Rathfarnham, Ireland. Although she lived to be 87, she never saw her mother or sister again after the day she left for Ireland. After a year learning English in Ireland, Agnes transferred to the Sisters of Loreto convent in Darjeeling, India. She took her vows as a nun in 1931, choosing the name Teresa to honour Saints Therese of Lisieux and Teresa of Avila. Therese of Lisieux, the patron saint of Australia, is also the patron of missionaries, florists and AIDS sufferers, among others. Spain's patron saint, Teresa of Avila, is also the patron of religious orders and lacemakers.

Sister Teresa began teaching history and geography in Calcutta at St. Mary's, a high school for the daughters of the wealthy. She remained

there for 15 years and enjoyed the work but was distressed by the poverty she saw all around her. In 1946 Teresa travelled to Darjeeling for a retreat. It was on that journey that she realized what her true calling was: "I heard the call to give up all and follow Christ into the slums to serve him among the poorest of the poor." It took two years of preparation before she was able to begin doing the work she felt compelled to do. She needed to receive permission from the Sisters of Loreto to leave the order – while retaining her vows – as well as permission from the Archbishop of Calcutta to live and work among the poor. She also prepared by taking a nursing course. In 1948 Sister Teresa set aside her nun's habit – adopting instead the simple sari and sandals worn by the women she would be living among – and moved to a small, rented hovel in the slums to begin her work. Teresa's first year in the slums was particularly hard. She was used to a life of comparative comfort, and now she had no income and no way to obtain food and supplies other than begging. She was often tempted to return to convent life and had to rely on her determination and faith to get herself through it. One of her first projects was to teach the children of the poor - drawing on her experience with teaching the children of the rich. She didn't have any equipment or supplies this time, but she taught them to read and write by writing in the dirt with sticks. In addition to promoting literacy, Teresa taught the children basic hygiene. She visited their families, inquiring about their needs and helping provide for them when she could.

Word began to spread about Mother Teresa's good works, and soon she had other volunteers wanting to help. By 1950 she was able to start the Mission of Charity – a congregation dedicated to caring for "the hungry, the naked, the homeless, the crippled, the blind, the lepers, all those people who feel unwanted, unloved, uncared for throughout society, people that have become a burden to the society and are shunned by everyone. "She went on to open a hospice for the poor, a

home for sufferers of leprosy, and a home for orphans and homeless youths.

Mother Teresa was honoured with many awards throughout her life, from the Indian Padma Shri in 1962 to the inaugural Pope John XXIII Peace Prize in 1971 to Albania's Golden Honour of the Nation in 1994... and, most famously, the Nobel Peace Prize in 1979. She refused the traditional Nobel honour banquet, instead requesting that the \$192,000 budget be given to help the poor of India.

She continued her work with the poor for the rest of her life, leading the Missionaries of Charity until just months before her death Sept. 5, 1997. After being beatified in 2003, Mother Teresa was canonized on Sep. 4, 2016. In a ceremony at St. Peter's Square, Pope Francis declared her a saint, yet noted, "With great spontaneity, I think we will continue to call her Mother Teresa."

Below is a prayer that Mother Teresa prayed on a daily basis; it was one of her favourite prayers and is attributed to John Henry Newman. The prayer is a perfect summary of her own spirituality and expresses her desire to spread Christ's love everywhere she went.

Dear Jesus, help me to spread Thy fragrance everywhere I go. Flood my soul with Thy spirit and love. Penetrate and possess my whole being so utterly that all my life may only be a radiance of Thine. Shine through me and be so in me that every soul I come in contact with may feel Thy presence in my soul. Let them look up and see no longer me but only Jesus. Stay with me and then I shall begin to shine as you shine, so to shine as to be a light to others. Amen.

A prayer that I'm sure each one of us could pray each day too!

Sally





Christian lawyers communicating the whole Gospel of Jesus Christ.

This charity was formed in 1852 and was then called The Lawyers' Prayer Union and based in London. It has a long history of uniting and equipping Christian lawyers and witnessing to members of the legal profession. Their aim is to see society served by the legal system bringing justice by a proper process and to see justice helping the most vulnerable and exhibiting their faith and hope in God, who they believe is passionate about justice and righteousness. God's Justice and Righteousness is of course found throughout the Bible and many of our laws today are based on God's laws.

LCF has a growing membership of more than 1,500 Christian lawyers and law students and has a network of regional groups throughout Britain including Birmingham, Nottingham and Leicester. Some meet together for a prayer breakfast once a month in Birmingham and also organize some evening events and in Nottingham they meet for food and fellowship from time to time. International links are growing too and are particularly strong in East Africa.

A key aim of the charity is to provide a wealth of resources to help lawyers, students and those supporting them in church leadership. They exist as a fellowship for the whole life of the Christian lawyer, that they may point others to Jesus, the only Saviour.

That lovely verse from Micah 6 v 8 inspires their fellowship. "He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God"

Maybe you know of a Christian law student, or a newly qualified lawyer just setting out in the legal profession who would benefit from fellowship with likeminded Christian lawyers.

If so, their contact details are: 6 - 8 Marshalsea Road, London SE1 1HL. Tel: 07495 966480

Lynda Kelly

Sharon's Recipe for October - Warming Spicy Beef with Rice Serves 4



Ingredients

1 tbsp olive oil

1 onion, chopped

1 tbsp curry paste (Rojan Josh or similar)

1 red chilli, chopped

2 cloves garlic chopped

1 red pepper, chopped into bitesize cubes

2 sticks celery, sliced

2 large carrots, cubed

500g stewing or diced beef

100 ml coconut milk

1 tbsp tomato puree

1 tin plum tomatoes, chopped

150 ml water

Beef stock cube or stockpot

400g uncooked rice

Mango chutney (optional)

2 large bananas (optional)

You will need a large (non-stick if possible) frying pan with a lid.

Method

Heat the olive oil in a large nonstick frying pan and add the onion, cook gently for 5 minutes

Add the curry paste, red chilli, and garlic and continue to heat gently for 2 minutes.

Add the red pepper, celery and carrots and beef, turn the heat to medium and continue cooking, turning constantly until the meat is browned on all sides

Add the coconut milk, tomato puree, tomatoes, the water and the stock cube and bring to the boil

Lower the heat so that the beef sauce simmers. Cover with a lid and continue to simmer gently for 1.5 hours until the meat is tender.

30 minutes before the beef is ready cook the rice according to the packet instructions.

Serve the beef with the rice, a spoon of mango chutney and half a sliced banana.

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Hartshill Mothers' Union website: http://hartshillmu.uk/

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